

BECOMING HIS

An In-Depth Bible Study for
Women after God's own Heart
Chapter One

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Becoming His

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One

SHE IS A GODLY WOMAN

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Month One

*An excellent wife, who can find?
For her worth is far above jewels*

Proverbs 31:10

Taking on the role of a godly wife comes second to being a woman of God. Throughout your marriage, the best thing a wife can do is remain close to God. All the women you will learn and read about throughout this time are godly women, but the women you read about in the following passages have a vital quality of godly wives. They both said yes to God's will in their lives above anyone else's, including their own.

READINGS

- Judges 13
- Luke 1:26–38

Group Questions

1. What are some similarities you recognize between Manoah's wife's and Mary's stories?

2. What are these women's responses to God's request?

3. Have you ever found yourself procrastinating with what God asks of you or simply saying no? How does/did it make you feel? How can you ensure that you will follow God's directive for your life going forward?

4. When Manoah's wife encounters the angel, her husband is the first person she runs to tell. What are some ways you would describe Manoah's wife's interaction with her husband? (For example, does she seem respectful or needy?) How can you take some of these qualities and use them when you marry?

5. What knowledge can you gain about faith and fear from these stories?

6. What is your definition of a godly woman? Would you describe the women in these stories as godly women?

GROUP ACTIVITY: Create My Life

Complete the "best life" questionnaire below. Answer the questions as specifically as you can. Really give it your attention and be detailed! Share with others in your group if you desire. (Question 9 is for anything else you would like to add.)

1. Close your eyes and think of your husband walking through the door. What does he look like? How does he respond and interact with you? If you desire children, how does he interact with the family? Write down some of the characteristics you desire in a mate.

2. How many children do you want to have?

3. Where do you want to live?

4. What type of work do you want to do? Will you be a stay-at-home mom, entrepreneur, doctor, or work for a company?

5. How much money do you want to make?

6. What type of car would you like to have?

7. Describe your dream home. Be specific! How many bathrooms does it have? How big is the yard (if there is one)? Are there two or three levels? What view do you see when you look out the window in the morning.

8. Describe your dream wedding: colors, venue, number of bridesmaids, etc.

9.

WEEK ONE

SHE ABIDES IN GOD

Above all, a godly wife recognizes that without God she is nothing and the best thing she can do for her marriage is to remain in Him. The definition of *abide* is to remain stable or fixed in a state, meaning that we are to remain with God. In the Bible, Jesus is described as the vine and we as the branches; the branches cannot survive apart from its life source, the vine. We cannot survive apart from Him; our spirit will remain malnourished. We are to seek Him as a source for everything, especially marriage. First John 2:6 says, "Whoever claims to live in him must live as Jesus did."

Scripture Memorization

John 15:4 – Abide in me, and I in you. As the branch cannot bear fruit by itself, unless it abides in the vine, neither can you, unless you abide in me.

Reflection Questions

1. John tells us that if we abide in Him, we are to walk like Him, and if we keep His commands, we will abide in Him. What other benefits of abiding in Christ does the Bible state?
2. How do we draw near to God? How do we seek Him?
3. What does your life look like abiding in Christ?
4. What does abiding together as a couple look like to you?

ACTIVITY: PLANT A DREAM!

*Journal prompt: I feel
discontent in my journey
when...*

Materials needed: Seeds, dirt, pots

This week find the time to plant a dream! Dreams are like plants—you plant them with an idea, you water them, feed them, shelter them, care for them, and watch them grow.

Make sure the plant is small enough to keep close to you every day, perhaps sitting on your desk or nightstand, but where you will be able to focus on it throughout this journey to remind you that you are planting dreams!

Our dreams and desires are much like seeds we plant—they need the right environment, consistent care, and time to grow. Keep the plant somewhere you will see it as a reminder to yourself when you get frustrated that your dreams are still growing, they are taking root, and eventually, you will begin to see the fruit of your labor and prayers.

Pray for joy and contentment

2 John 1:9 | John 15:7 | 1 John 2:6 | 1 John 2:28

WEEK TWO

SHE IS A PRAYER WARRIOR

Prayer is one of the most important aspects of the Christian walk. It is how we communicate with God and how He hears our petitions. There isn't just one way to pray. In the Bible, we see many ways. Hannah (1 Sam. 1:9–14) prayed with her lips moving, but no sound coming out. Many others in the Bible even pray through song, and God hears them. Jesus gave us an outline of prayer in Matthew 7:15. Take some time to really read over the prayer and see the key parts. As a godly wife, prayer should be our number one go-to in life when things are both going well and when they aren't.

Scripture Memorization

1 Thessalonians 5:17 – Pray without ceasing

Reflection Questions

- Look at the times it was stated in the Bible that Jesus went into prayer. What was going on at that time? What was He facing?
- How does the Holy Spirit help us in our prayer life?
- Why is prayer so important in your Christian walk?
- What are some benefits of prayer per the Bible? Pull out specific Scriptures.
- What type of prayer life do you want to have with your husband?

ACTIVITY: PRAYER LIST

Journal prompt: I don't always pray for others because...

Make a prayer list of seven people; pray for one person each day!

Name	Prayer

Ask God who and what He wants you to pray for and write it above.

Philippians 4:6 | Mark 11:24 | Romans 8:26 | Matthew 6:6–7

WEEK THREE

SHE IS A KINGDOM SEEKER

A godly wife is a woman after God's own heart. She seeks for righteousness and the kingdom of God. The Bible tells us that those who do righteousness all the time are blessed and that we are righteous as He is righteous. As women of God, one of our focuses is to pursue and exhibit righteousness as Christians.

Scripture Memorization

Matthew 6:33 – But seek first the kingdom of God and his righteousness, and all these things will be added to you.

Reflection Questions

- What exactly is the kingdom of God? Find other passages in the Bible that support your theory.
- How do you seek God's righteousness? Who are some righteous people in the Bible?
- What exactly is righteousness and how can we embody and seek it?

ACTIVITY: RIGHTEOUSNESS

How would you describe the actions of a righteous person? Write down as many actions and attributes as you can think of—if you can find some in the Bible! Include how a righteous person acts when angry, irritated, and sad.

This week, focus on truly being and living a righteous life. Take the list you created and apply it to your life. Use the chart on the next page to keep a log of your successes and failures. Don't beat yourself up if you aren't always successful, but acknowledge yourself for seeing the need for change and self-reflection. Reflect on why you missed the mark. Try to stick with it for the whole month.

Daily journal prompt: Keep track of when you made or missed the mark of acting righteously. Note in what ways you notice an improvement in yourself or how you could have done better.

Journal prompt:
*Practicing righteousness
can help me in marriage
by...*

Pray for God to show you where you aren't being righteous in life

1 John 3:7 | Psalm 106:3 | Isaiah 33:15–17 | 1 Peter 3:14

ATTRIBUTES OF A RIGHTEOUS PERSON

1.

2.

3.

4.

5.

6.

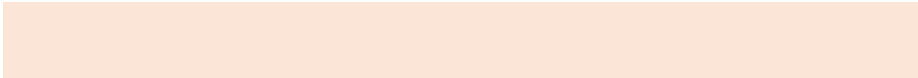
7.

8.

9.

10.

DAY	SUCCESS/FAILURES



WEEK 4

SHE DOES NOT LOVE THE WORLD

While a godly woman and wife loves the people of the world, she does not love what the world offers. She is focused on heavenly things as instructed by her Father above. Her eyes are set on things eternal, not of this world. Yes, she may have money, cars, a family, and a fabulous job; but those things do not have her, nor does she place them above God.

Scripture Memorization

1 John 2:15 – Do not love the world or the things in the world. If anyone loves the world, the love of the Father is not in him.

Reflection Questions

1. Why do you suppose that if you love the things of the world, the love of the Father is not in you?
2. What does it look like to be a lover of things of this world?
3. Where do you think marriage and family fit into this Scripture? Are they of this world?

ACTIVITY: A BEAUTIFUL REFLECTION

This week take some time to reflect on your love of the world. What do you desire, possess, or seek that may be displeasing to God because of your heart attachments? What things come before God and His desires for your life? Is there anything in your life that you could not see living without? Make a list of the things that come to mind and pray over them nightly.

Journal reflection: When it comes to not loving the world, I have a difficult time...

Pray for God to reveal your heart toward things of this world

1 John 2:16–17 | 1 John 3:1 | Matthew 6:24 | 1 John 5:19

Monthly Check-in

Did I connect with God regularly this month?

How do I improve for next month?

What is my strategy for becoming a woman after God's own heart?

Is there anything positive that has occurred as a result of my studies or closer connection with God this month?

TESTIMONY TO SHARE: